

The South Dakota Health Education Standards

- Standard 1:** Students will **comprehend concepts** related to health promotion and disease prevention to enhance health.
- Standard 2:** Students will **analyze the influence** of family, peers, culture, media, technology and other factors on health behaviors.
- Standard 3:** Students will demonstrate the ability to **access valid information** and products and services to enhance health.
- Standard 4:** Students will demonstrate the ability to use **interpersonal communication** skills to enhance health and avoid or reduce health risk.
- Standard 5:** Students will demonstrate the ability to use **decision-making** skills to enhance health.
- Standard 6:** Students will demonstrate the ability to use **goal-setting** skills to enhance health.
- Standard 7:** Students will demonstrate the ability to **practice health-enhancing behaviors** and avoid or reduce health risk.
- Standard 8:** Students will demonstrate the ability to **advocate** for personal, family and community health.